

(Table). Longitudinal analysis by the generalized estimating equation (GEE) model^{2,3} revealed no evidence of interaction between genotype and time: the coefficients were -0.41 ($P=0.19$) for total cholesterol, -0.04 ($P=0.71$) for HDL-C, and -0.38 ($P=0.22$) for nonHDL-C. Based on the GEE model, the TT genotype had average higher levels of total cholesterol, LDL-C, and nonHDL-C than the (GG+GT) group, by 11.48 ($P=0.04$), 9.98 ($P=0.049$), and 12.40 ($P=0.03$), respectively, during the 15-year follow-up. HDL-C levels were not significantly different among the three genotypes in all 6 examinations.

However, the studies of the -493 G/T MTP polymorphism have yielded conflicting results. The Framingham Offspring Study,⁴ in which the participants were primarily middle-aged (the mean age of 52 years) whites, reported no significant association, although they found that the TT genotype was associated with higher cholesterol levels. In contrast, studies of the Northern European men reported an opposite result to our finding, with the T allele associated with lower levels of total cholesterol, LDL-C, and triglycerides.^{5,6} A functional study has shown that the T allele has 2-fold higher transcriptional activity than the G allele,⁵ which is hard to reconcile with the opposite effects of the TT genotype observed in Northern European men. It is possible that the MTP gene interacts with other genes or environment leading to a complex situation. However, more studies are necessary to address these intriguing findings.

In summary, analysis of the 15-year data reveals a significant genetic effect of the MTP promoter polymorphism on lipids. The genotypic effect did not change over time. More studies are needed

The Differences of Total Cholesterol (TC), LDL-C, and nonHDL-C Data (mg/dL) Between the TT and GT+GG Groups After Adjusting for the Center Effect, Body Mass Index, and Baseline Age

	Δ Mean (SE)	P Value
TC		
1st measure	10.0 (5.8)	0.08
2nd measure	14.0 (6.2)	0.03
3rd measure	19.1 (6.2)	0.002
4th measure	14.4 (6.8)	0.03
5th measure	1.8 (6.6)	0.79
6th measure	13.9 (8.1)	0.09
GEE analysis for TC	11.48 (5.63)	0.04
LDL-C		
1st measure	8.6 (5.4)	0.11
2nd measure	11.2 (6.1)	0.06
3rd measure	17.0 (5.6)	0.003
4th measure	9.7 (6.6)	0.14
5th measure	0.0 (6.0)	0.97
6th measure	14.5 (7.0)	0.04
GEE analysis for LDL-C	9.98 (5.06)	0.049
nonHDL-C		
1st measure	10.5 (5.8)	0.07
2nd measure	14.4 (6.3)	0.02
3rd measure	18.7 (6.3)	0.003
4th measure	14.5 (7.0)	0.04
5th measure	2.1 (6.8)	0.76
6th measure	15.7 (8.3)	0.06
GEE analysis for nonHDL-C	12.40 (5.67)	0.03

The GG and GT genotypes were pooled.

GEE model is adjusted for center, baseline age, and time-dependent body mass index.

to address the conflicting observations between blacks and whites, as well as between Americans and Northern Europeans.

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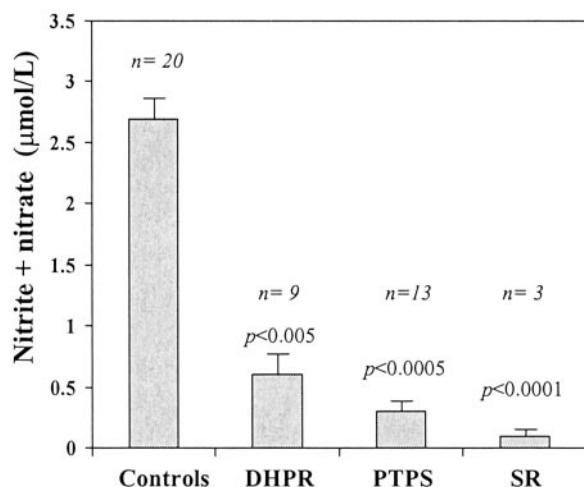
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Possible Impact of Tetrahydrobiopterin and Sepsippterin on Endothelial Dysfunction

To the Editor:

Vasquez-Vivar et al¹ reported on diminished tetrahydrobiopterin (BH₄) concentrations in vessels from hypercholesterolemic rabbits. This is an interesting finding because both in serum and urine from patients with coronary artery diseases and hypercholesterolemia, total plasma biopterin concentrations were found to be unchanged² (unpublished data, 2002). However, total biopterin represents the sum of BH₄, 7,8-dihydrobiopterin (BH₂), and fully oxidized biopterin, and one cannot exclude possible the effect of either reduced BH₄ or increased BH₂ concentrations on the endothelial dysfunction in these patients. In normal plasma, almost all biopterin (>95%) is present as BH₄, and measurement of biologically active tetrahydro-derivative seems to be essential. Differential oxidation with iodine and subsequent high-pressure liquid chromatography (HPLC), according to Fukushima and Nixon,³ is a simple method to measure different oxidation forms of biopterin. In this method, under acidic conditions, BH₄ and BH₂ are oxidized to biopterin, while under basic conditions, only BH₂ is oxidized to biopterin, and BH₄ undergoes a side-chain cleavage to form the blue fluorescing pterin. The difference in biopterin content between the two oxidations represents the actual BH₄ levels. HPLC separation of biopterin from pterin and isoxanthopterin is essential for the correct interpretation.

Another important finding of Vasquez-Vivar et al¹ is the observation that supplementation with sepsippterin, an intermediate in the salvage pathway of BH₄, worsens responses to endothelium-dependent agonists Ach and A23187 and that sepsippterin in high concentrations uncouples purified endothelial NO synthase (eNOS) and leads to generation of superoxide O₂⁻. Recently, it has been shown that BH₂ and sepsippterin inhibit NOS in vitro by displacing the prebound BH₄ with >80% efficiency.⁴ BH₂ and sepsippterin are metabolites that accumulate in patients with variants of BH₄ deficiency, and it has been suggested that they may potentiate the superoxide formation during the uncoupled reaction of NOS.^{5,6} NO



Mean concentrations of nitrite+nitrate in cerebrospinal fluid from patients with different forms of BH₄ deficiency. DHPR indicates dihydropteridine reductase deficiency; PTPS, 6-pyruvoyl-tetrahydropterin synthase deficiency; SR, sepiapterin reductase deficiency.

production was found to be significantly reduced in the brain in these patients.⁷ Particularly, patients with sepiapterin reductase deficiency, in which both BH₂ and sepiapterin accumulate in the brain, have extremely low levels of nitrate and nitrite (end products of NO) in cerebrospinal fluid (Figure) and low-dose treatment with BH₄ (2.5 to 5.0 mg/kg) was not efficient to restore the brain's NO production. Thus, both the oxidation of BH₄ to BH₂ and sepiapterin formation promote uncoupling of the NOS reaction and stimulate superoxide and peroxynitrite production. Although patients with BH₄ deficiency show no cardiovascular problems, one can speculate that, in patients with hypercholesterolemia and other diseases presenting with endothelial dysfunction, a similar situation occurs. Sepiapterin is first reduced in endothelial vessels to BH₂ by sepiapterin reductase, but the capacity of dihydrofolate reductase to reduce BH₂ to BH₄ may be too low, resulting in formation of toxic metabolites. Incubating the vessels with methotrexate, an inhibitor of dihydrofolate reductase, may bring additional information on how sepiapterin and BH₂ promote the superoxide formation.

A number of studies documented that pro-inflammatory cytokines increase BH₄ formation in cultured vascular endothelial cells.⁸ Another factor which may influence vascular BH₄ levels is vitamin C. It has been shown recently that long-term treatment with vitamin C decreases BH₂ levels and increase BH₄ levels in aortas of apolipoprotein-deficient mice.⁹ Simultaneous application of vitamin C + E, as suggested in patients with sepiapterin reductase deficiency in order to improve the efficiency of the BH₄ therapy, needs further investigation.

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In Response:

Inadequate tetrahydrobiopterin (BH₄) concentration has been linked to impaired endothelial NO synthase (eNOS) activity and to loss of endothelial function in vascular conditions such as hypercholesterolemia. Blau and Thöny correctly contend that despite the critical importance of BH₄ in NO formation from eNOS, patients with BH₄ deficiency typically show no evidence of vascular disease. Studies that have evaluated the effects of BH₄ supplementation have further observed divergent effects in animal models as well as in humans, with some studies reporting beneficial or no effects and a few reporting actual worsening of vascular function.¹ We have recently presented an alternative hypothesis that may reconcile these apparently contradictory findings. This is that the relative concentrations of fully reduced (BH₄) and oxidized forms of tetrahydrobiopterin (BH₂), rather than the absolute concentration of BH₄, are what governs the nature of products generated from eNOS.² At low BH₄ or high BH₂ (7,8-dihydrobiopterin or sepiapterin) levels, eNOS generates superoxide that is not inhibited by saturating L-arginine or ascorbate.² In addition, experimental BH₄ deficiency (such as that induced by treatment with 2,4-diamino-6-hydroxy-pyrimidine and N-acetylserotonin, a GTP cyclohydrolase-I and sepiapterin reductase inhibitor, respectively) shows that supplementation with sepiapterin in the presence of N-acetylserotonin causes further increases in superoxide production by endothelial cells. This indicates that the BH₄/BH₂ ratio controls superoxide formation in the endothelium and may represent a physiologically relevant mechanism to regulate eNOS products.

Based on our study, it appears that BH₄ homeostasis in atherosclerotic vascular tissue is complex. While the tissue retains the ability to generate BH₄ from sepiapterin, this activity does not translate to improvements in vascular relaxation. Cotreatment with N-acetylcysteine augments BH₄ concentrations beyond normal levels and yet did not ameliorate vascular function. This result indicates that BH₄ metabolism is altered in experimental atherosclerosis, and that mere supplementation with sepiapterin, an oxidized precursor of BH₄, alone or with antioxidants does not translate to therapeutic benefits. The mechanisms involved in the regulation of BH₄ levels in the vascular wall are not known. Likewise, it is unclear how ascorbate may influence the BH₄/BH₂ ratio in the endothelium. It has been shown that chemical reduction of 7,8-BH₂ to generate BH₄ is not a mechanism by which ascorbate alters BH₄/BH₂ ratio.³ Also, ascorbate does not improve de novo BH₄ synthesis, nor is it a first-line defense against superoxide and peroxynitrite.⁴ Thus a thorough understanding of the mechanisms involved in regulating the balance between the different redox forms of BH₄, and the role of anti-oxidants in maintaining this balance, appears to be critical in designing rational therapeutic strategies to ameliorate endothelial dysfunction. This objective, however, will not be accomplished with the available analytical methods for BH₄ analysis. Indirect methodology such as that based on BH₄ oxidation to secondary products is complicated by fact that BH₄ is oxidized to generate several products. Clearly, this methodology prevents full identification and

quantification of the analogs involved in the process. The development of more direct methods for quantifying BH₄ and its metabolites in cells and tissues is warranted.

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